



European  
City of Science  
Leiden2022



## Program @University Leiden

09.30	<b>Registration</b> and coffee/tea
	<b>Host-of-the-day:</b> Roosmarijn van de Velde Chief New European Bauhaus at Leiden European City of Science 2022
10.00	<b>Opening</b> by Jacques Verraes LL.M. - in a private capacity – Deputy-Head of Unit at the Directorate-General for Research and Innovation of the European Commission.  <b><i>Only humans can imagine the future</i></b>
10.20	Prof. Sandra Kooij & Bethan Burnside PhD  <b><i>The power of cooperation between living experience and clinical expertise for women with ADHD</i></b>
11.00	Young people with ADHD interviewed by Prof. Robert Vermeiren, University Leiden  <b>Creativity versus medication?</b>  <b><i>Cooperation between you and your doctor</i></b>
11.30 - 13.15	<b>Speed-coaching</b>  Participants can book a 15 minutes talk with a coach, psychiatrist, psychologist or company doctor [see registration form]
11.30 - 13.15	<b>Break</b> for speed-coaching and lunch  <ul style="list-style-type: none"><li>• Have your personal speed-coaching session with one of the professionals</li><li>• Arrange your own lunch in the restaurant or outside</li></ul>

13.15	<p>Lessa Schippers, MSc., research assistant, and Martine Hoogman PhD, ass. prof.</p> <p><b>Qualities of ADHD, the positive sides</b></p> <p><b>Imagine being a researcher:</b></p> <p><b><i>What do you think are qualities of ADHD and how do we prove it?</i></b></p>
14.00	<p>Interactive Talk-show about two questions:</p> <p><b>Employer: <i>Can I profit from ADHD-strengths?</i></b></p> <p><b>Employee: <i>Do I tell my employer?</i></b></p> <p>Marianne Schulpen, company doctor, AkzoNobel</p> <p>Guus Lustig, company doctor i.o., University Leiden</p> <p>Nicholas, Innovation Consultant, VC investor, ADHD</p> <p>Hans van de Velde, coach for employees, host of the talk-show</p>
15.00 - 15.30	<b>Speed-coaching</b>
15.00 - 15.30	Break with coffee/tea
15.30	<p><b>Scientific News Bulletin – the latest news from ADHD research</b></p> <p>Jeanette Mostert, science communication expert from Radboudumc Nijmegen brings you the latest research findings in an understandable way.</p> <p><b>With scientists from all over Europe coming to this newsroom.</b></p> <p><i>New discoveries on ADHD and lifestyle, food, diabetes, genetics and the brain</i></p>
16.15 - 17.00	<p><b>The Power of Overcoming Addiction</b></p> <p><i>Ex-addicts with ADHD sharing their story</i></p> <p><b>Inspiration for peers, family, professionals and policy makers</b></p>



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Universiteit Leiden



IMPULS & WOORTBLIND

## Parallel program @Train station entrance at our Living Street Library

Welcome to everybody who is interested in ADHD  
to learn more of ADHD

People with ADHD are the 'books' in this Living Street Library.

In this Living Street Library, books are people, and reading is talking with them. Visitors can come up with questions or browse the 'catalogue' for the available titles, choose the 'book' they want to read, and borrow it for 15 minutes. After reading (talking), they return the 'book' to the library.

\*) at the university side exit of the train station is a square; address: Bargelaan, Leiden (outside program)

